

Lifelong Learning Centre

UNIVERSITY OF LEEDS



Seminar Series

Solution Focused Practice

Sarah Cimikoglu & Andrew Gibson

8th September 2016 6.00-8.00 pm
(refreshments from 5.30pm)

- Are you a **Support Worker** or **Social Worker**?
- Do you work in **education, counselling** or the **health service** or are you training for such a career?
- Do you engage in **coaching, conflict resolution** or encouraging **behavioural change**?
- Are you stuck for new ways to **engage** with people?
- Do you simply want to **motivate and encourage** others, be it family, staff, organisations or clients?
- Do you want to meet other Yorkshire-based **Solution Focused Practitioners**?

If the answer to any of the above is yes, then this event is for you!

Our practical seminar will give a brief overview and introduction to Solution Focus (SF) as an approach facilitating positive change with others.

**Solution
Focus: An
overview**

This will be led by **Andrew Gibson** from Conundrum Coaching Ltd. Andrew is an experienced facilitator, trainer and lecturer on the application of Solution Focused (SF) Practice and coaching skills to situations involving Social Landlords, NHS Departments, Local Authorities, Private Companies and Charities.



We are privileged to welcome as our principal speaker

Sarah Cimikoglu

Practice Governance Coach
Barnsley CAMHS,
Child and Adolescent Unit

and a solution focused practitioner.

**Solution
Focus in
CAMHS**

Sarah has been a supervisor of staff and clinician In CAMHS for 22 years, the majority utilising SFBT (SF Brief Therapy). Her work ranges from Inpatient, Primary Mental health work and Youth Offending Team for CAMHS. Sarah is currently part of Leadership and enabling training to CAMHS and the South West Yorkshire Partnership Foundation Trust for practitioners, part of the CAMHS Transformation agenda, linking with partner agencies to work together using approaches. She is passionate about SF.

The event will be an excellent chance to grow your SF networks.

To book your place:

Use Eventbrite <http://leeds-university-solution-focused-practice-seminar.eventbrite.co.uk>

or email **Barbara Kempf** on b.kempf@leeds.ac.uk

or ring the Lifelong Learning Centre on 0113 3433212